

You: On A Diet: The Owner's Manual For Waist Management By Michael F. Roizen, Mehmet C. Oz



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You on a diet: the owner's manual for waist management

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YOU: On a Diet is a complete manual for waist management. It will show you how to achieve and maintain an ideal and healthy body size by providing a lexicon

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Michael f. roizen biography - family, children, parents, wife, school

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