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American Psychological Association; 2005. Empfield M, Bakalar N. Understanding Teenage Depression: A Guide to Diagnosis, Treatment, and Management.

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treatment of mentally ill persons and has stressed that approaches to mental Many mental disorders such as depression, panic disorder and bipolar disorder can . to help patients understand the management strategies (e. g., a guide.

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Empfield, M. & Bakalar, N. (2001). Understanding teenage depression: A guide to diagnosis, treatment, and management. New York: Henry Holt and Company.

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Here's information about teens and depression -- the causes, symptoms, diagnosis, and treatment -- that parents can use to help prevent

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