

The Organic Food Shopper's Guide By Jeff Cox



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2008, English, Book edition: The organic food shopper's guide : what you need to know to select and cook the best food on the market / Jeff Cox. Cox, Jeff, 1940-.

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The organic food shopper's guide : what you need to know to select

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The Environmental Working Group Shopper's Guide to Pesticides in who want to consume fewer pesticides but can't afford organic produce.

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Since many shoppers can't always find or afford organic produce, they can use the Shopper's Guide to avoid those conventional fruits and

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Organic is a designation used by the USDA National Organic Program to certify food that was produced

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Jeff Cox is author of The Organic Cook's Bible and The Organic Food Shopper's Guide , and numerous other cooking, gardening, and wine books, and lives in

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12 fruits and veggies you should avoid (if buying non-organic)

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This year's EWG 2012 Shopper's Guide has the answers. EWG lists these on the new Dirty Dozen Plus as foods to avoid or to buy organic."

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