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The Simple Abundance Journal of Gratitude, by Sarah Ban Breathnach, Warner Books, 1996. A blank journal to fill your days with gratitude. If the only prayer you

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## **Sarah ban breathnach - wikipedia**

Sarah Ban Breathnach (pronounced “Bon Brannock”), is a best-selling author, philanthropist and public speaker. She is the author of thirteen books, including Simple Abundance: A Daybook Simple Abundance Journal of Gratitude

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Author, Simple Abundance: A Daybook of Comfort and Joy & Something More. a gratitude journal, which led to her blockbuster bestseller, Simple Abundance .

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### **[doc]sarah ban breathnach is the author of simple abundance and**

Simple Abundance was her first self help book, staying on the best-sellers list for The Simple Abundance Journal of Gratitude was published shortly thereafter

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