

More Harm Than Good: What Your Doctor May Not Tell You About Common Treatments And Procedures
By Alan Zelicoff MD, Michael Bellomo



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happy if you revert afresh.

Hepatitis c - uptodate

Most people infected with the hepatitis C virus have no or only mild symptoms, so they do not know. Many people with hepatitis C infection do not know how they were infected. . If you are being treated for hepatitis C, you should call your healthcare provider. You can also end up doing yourself more harm than good.

Body mri - magnetic resonance imaging of the chest, abdomen and

It may be used to help diagnose or monitor treatment for a variety of conditions. Tell your doctor about any health problems, recent surgeries or allergies and whether there's a possibility you are pregnant. Most orthopedic implants pose no risk, but you should always tell the doctor. What are some common uses of the procedure?

Choosing wisely® - healthinsight

Asking for more information can save you and your doctor time in the long run. Doctor with patient. What You Should Know. Three Health Care Treatments You May Not Need focusing on raising awareness around five common procedures and tests that are unnecessary. In fact, antibiotics can do more harm than good.

Annual physical exams may do more harm than good

Annual Physicals May Do More Harm Than Good, New Study Suggests or not have found there is no significant difference in health between the two groups. Dr. Allan Goroll, professor of Medicine at Harvard Medical School, wrote an editorial. If you're under 60 and have no other major risk factors for

[pdf]parent information: for babies born 23 – 24 weeks - sa health

happen for your baby and the risks of any treatments. are so small and fragile that they often do not survive. procedures that could be painful or uncomfortable for your baby. Your doctors will talk with you about your situation in more detail. We don't know what will happen for your patient or do more harm than good.

Why we need a new war on cancer: over-treating and over-screening

Over-treating and over-screening is doing patients more harm than good. Not only are we unearthing too many cancers that should be left alone, but some are deadly. Cancer Nation: Where you live in Canada could determine your odds of getting said cancer. Dr. Laurence Klotz, a Toronto urologic oncologist who, over the course of two

Liver function tests: purpose, procedure, and risk - healthline

Talk to your doctor about the results of your liver function test. What are the most common liver function tests? . The results of these tests may not tell your doctor exactly which condition you have or the degree of liver damage. liver enzymes, then they will advise you to stop the medication. Mushrooms: Good or Bad?

Putting tests to the test: many medical procedures prove

The scans do not affect treatment or improve outcomes any faster for a condition. It's worse than that: it is becoming clear that many once-routine tests may actually cause harm. But the idea of a test causing harm can be difficult for people to wrap their heads around. the more you know about human normal function and disease,

[pdf]melanoma and other skin cancers - national cancer institute

cancer is several times more common than squamous cell skin remember what your doctor says, you can take notes. 1 Growths on the skin can be benign (not cancer) or .. help you choose the best treatment. . health care team will tell you about possible side . cancer cells, but the drugs can also harm normal cells.

To screen or not to screen? | nih news in health

But sometimes, experts say, a test may cause more harm than good. Before you get a test, talk with your doctor about the possible benefits and harms to help you lab tests of blood, tissue, or urine samples or imaging procedures that look inside your body. There's no way to know if the treatment will help you live longer.

Plantar warts « acfaom

Both plantar warts and common warts (those occurring on other areas of the body) may A wart may or may not be painful, depending on its location. favorite wart remover, a pumice stone or anything else your doctor didn't recommend. without medical supervision, you may actually do yourself more harm than good.

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Negative effects of antidepressants | mad in america

Things Your Doctor Should Tell You About Antidepressants third most common type of prescription drug taken by people of all ages, effects, antidepressant medications appear to do more harm than good as treatments for depression. It is important to realize that the serotonin transporter is not only

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More Harm Than Good: What Your Doctor May Not Tell You about Common Treatments and Procedures. Alan Zelicoff, Author, Michael

These are the medical treatments which are completely pointless

Doctors have said that many of these common procedures could be doing you more harm than good or making no difference whatsoever. a care plan, be told where to get support and know who to speak to about their worries and fears. Acute bronchiolitis should not be treated with medications called

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The operator | the new yorker

Is the most trusted doctor in America doing more harm than good? He assured her that he would help "chip away the part of you that you Oz is fifty-two and jauntily fit, with a perfectly tamed helmet of brown hair and lengthy sideburns. . Doctors do not want questions from their patients; it's easier to tell

Why doctors are rethinking breast-cancer treatment | time.com

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What Your Doctor May Not Tell You About Common Treatments and Procedures Alan ZELICOFF, Michael BELLOMO. More Harm Than Good ALAN ZELICOFF,

Here are some of the nhs treatments that don't help you - city am

Doctors have drawn up a list of treatments they say bring little or no list of up to 150 treatments in common use which should be reconsidered adult schizophrenia with your doctor or specialist nurse, you should Chemotherapy in the final months of life for cancer patients can "do more harm than good".

[pdf]questions & answers about your prostate - biomed central

Your Prostate. Having a biopsy test to find out if you may have prostate cancer can bring up a lot of doctor. It is not medical advice. It should not take the place of your doctor's advice A biopsy is a procedure in which a sample of body tissue is removed and then . screening and treatment does more harm than good.

The dirty secret about cpr in the hospital (that doctors desperately

If that makes you feel hopeless, you're not alone. We know there are other considerations, such as deeply ingrained core Many people in health care feel that resuscitation should be approached like any other procedure in medicine, . And when the treatment starts to cause more harm than good, we

Nhs patients' rights - citizens advice

For more information on NHS treatment for people from abroad, see NHS charges If you're staying somewhere in the UK for less than three months, you can ask to be . There is no charge for basic GP treatment for NHS patients who live in the UK. .. It is for the doctor to decide exactly how much to tell you, the patient.

Prostate cancer guide: causes, symptoms and treatment options

Prostate cancer is common, but it is not always dangerous. This is Researchers do not know the exact cause of prostate cancer. But they have Tell your doctor if you take any medications to treat an enlarged prostate. . However, few men opt for this procedure. Others say that screening causes more harm than good.

8 abortion pill facts everyone should know | self

Any medical procedure can be scary, but abortion is often shrouded in extra Here, eight key abortion pill facts you should know, including just how safe it really is. Depending on where you are, the medication is not easily found in You need their input if you're soaking through more than two maxi

Some medical treatments are pointless. but will patients want to know

Senior doctors have published a list of 40 procedures that have little to of 40 tests or treatments that they say have little to no effect on the patient, You know in your heart that this information is correct, but you don't Chemotherapy is toxic, and the academy says it may do more harm than good and can

Physician health programs: more harm than good? - medscape

health programs may do more harm than good, creating increasing scrutiny of state-based plans to help doctors with substance abuse or mental health problems. Two states ? North Carolina and Michigan ? have already been months in prescribed PHP treatment after "signing on the dotted line."

Hospitalization after fainting can do more harm than good - harvard

Hospitalization after fainting can do more harm than good an associate professor of emergency medicine at Harvard Medical and evaluation necessary if you're at low risk for more serious problems? determine if fainting is worrisome or not," says Dr. Grossman. Here's what you need to know.

5 things you should know before getting a colonoscopy - healthy

I had no problems with my procedure and the doctor was great, but like . If you're concerned about your risk of getting colon cancer, here are five you know that common as it is, it's a health hazard, and may lead to colorectal cancers. /10/can-colon-cancer-screenings-cause-more-harm-than-good.aspx.

Why getting a mammogram may cause more trouble than it's worth

Why getting a mammogram at 40 might not be worth it If you're a woman under 40, in fact, getting a mammogram is far more likely to harm your health than to help it never need to be treated at all, or that are so slow moving that you'd to their doctors about the best time to start breast cancer screening.

[rtf]child abuse - what you need to know

Common concerns you may have when deciding whether to report child abuse policies and procedures for handling suspicions of abuse or disclosures by a . lack of parenting skills -- parents may not know how to help children learn, Myth: Reporting suspected child abuse can cause more harm than the abuse itself.

10 medical tests to avoid - aarp

Doctors warn that some of these common medical tests routinely taken by Americans Are these medical tests one you can ditch and still have a clean bill of health? medical tests routinely taken by Americans do more harm than good, waste billions of Nuclear stress tests and other imaging tests after heart procedures.

More harm than good: what your doctor may not tell - goodreads

More Harm Than Good: What Your Doctor May Not Tell You about Common They want the pill they just saw advertised, or the latest, greatest procedure. As a result, we are becoming a nation of over-diagnosed and over-treated people

Medical x-ray imaging > x-rays, pregnancy and you - fda

Pregnancy is a time to take good care of yourself and your unborn Diagnostic x-rays and other medical radiation procedures of the the risk of not having a needed x-ray could be much greater than the risk You can reduce those risks by telling your doctor if you are, or think They are of more concern.

When evidence says no, but doctors say yes - the atlantic

Long after research contradicts common medical practices, patients Surely, the drug you're prescribed or the surgery you'll undergo Other times doctors know the state of play perfectly well but continue to medications do little of anything meaningful, good or bad, for most people who take them.

Antibiotics: when they can and can't help - familydoctor.org

Antibiotics are medicines prescribed by your doctor to treat infections. They will not treat viruses, such as colds, the flu, or mono (mononucleosis). Instead of asking your doctor for an antibiotic for a virus, ask what you can do to feel Doctors will prescribe antibiotics when symptoms last for 7 or more days or seem to get

Unnecessary antibiotics, medical tests, procedures may harm patients

Children between two and 12 should not be given routine antibiotics for middle ear doctors and patients to question unnecessary tests and treatments. More than 60 recommendations include reducing antibiotic use, X-rays, CT If you're a parent, there's a good chance you know about middle ear

50 secrets your surgeon won't tell you | reader's digest

Most of us know more about the people who cut our hair than the doctors who cut our bodies. If an airline told you that their pilot is the best but he's not FAA-certified, would Some surgeons won't mention procedures they don't know how to do your slides to a nationally recognized reference lab—not just one or two

Don't lie but don't tell the whole truth: the therapeutic privilege - is

Since information is a powerful tool for both harm and good, consciously does not benefit them in the long run and can actually cause more harm than good. Are doctors ethically obligated or legally mandated to tell their patients the truth? . base a decision about whether or not to proceed with a procedure or treatment.

What your doctor may not tell you about(tm): breast cancer: how

How Hormone Balance Can Help Save Your Life John R. Lee, David Zava Two studies,a fiveyear placebocontrolled one from England in 1992, and a much in the tamoxifen groupthat they couldn't justify withholding this treatment from the placebo group. It's worth Butin the long termit tends to do more harm than good.

Positron emission tomography (pet) - american heart association

Your doctor will be able to tell if your heart muscle is functioning or Viable heart tissue will take in more of the tracer than tissue that's no longer viable. It could harm your baby. Your doctor may ask you not to take them before the test. A doctor and a nuclear medicine technologist usually perform the

How to respond to licensing board investigation: advice for

How you initially respond to a state licensing board investigation may determine. Initially they do not know your story, all they know is what the client alleged. your treatment plan, record keeping, and other clinical and ethical issues so you are on . and concerns to anyone who would listen can do more harm than good.

End-of-life plans - alzheimer's & dementia | alzheimer's association

Expressing your wishes; Life sustaining treatments; Do not resuscitate (DNR); Hospice medical treatments, tests and procedures that may do more harm than good. Let your doctor know that you are completing advance directives, and make To make a brain donation, an individual must have two or more living blood

Health check-ups: when you need them and when you don't

However, it isn't always necessary to visit your doctor annually. need annual physicals, and those check-ups can do more harm than good. These false alarms can cause anxiety, and unnecessary follow-up tests and treatments. that is not interpreted correctly may lead to another test that exposes you to radiation.

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Inflammatory back pain: diagnosis and medication options - webmd

Find out ways you and your doctor can deal with back pain -- both from Common Conditions . But there's not always a direct link between the results of these tests Bed rest, which used to be what doctors advised for back pain, may do more harm than good. . Breast Reduction Surgery: What to Know

Just say no: 10 common medical tests that may do more harm

Do you really need that drug, test, or exam? Just Say No: 10 Common Medical Tests That May Do More Harm Than Good And what about heartburn - did you know that your PPI (proton pump inhibitor) might be doing more harm that identifies tests and procedures that patients and doctors should

More harm than good: what your doctor may not tell you about

The Hardcover of the More Harm Than Good: What Your Doctor May Not Tell You about Common Treatments and Procedures by Alan Zelicoff,

Some medical tests, procedures do more harm than good

Some Medical Tests, Procedures Do More Harm Than Good and another reminder to patients that saying no to your doctor can improve your prognosis. Better to know—and get treated—than to take any risks, the reasoning goes. If that finding makes you scratch your head—how can propping open a

Prostate cancer. signs and prognosis of prostate cancer. | patient

It is common for older men to have urinary symptoms caused by a Most men who develop the above symptoms do not have prostate cancer but have a Your doctor will be able to discuss the reasons for you to have a biopsy, . Put simply, some people believe that screening for all men may do more harm than good.

If your child has a heart defect - kidshealth

It can be frightening to learn that your child has a congenital heart defect. defects usually are treated with surgery, catheter procedures, and sometimes medication. heart disease can be treated with the expectation of a good outcome. . and stigmatized — which might do more harm than a heart defect in the long run.

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