

Going Om: Real-Life Stories On And Off The Yoga Mat

By Melissa Carroll, Cheryl Strayed



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She's the editor of *Going OM: Real-Life Stories on and off the Yoga Mat* (Viva Editions 2014), which features essays from Dani Shapiro, Neal Pollack, and many

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Kadetsky's novella is as much a story about an individual as it is about groups of people. .

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Melissa co-teaches in the Yoga Teacher Training program at *The Going OM: Real-Life Stories on and off the Yoga Mat* (Viva Editions, 2014).

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Caitlin Morris is a current cast member of the raucous Off-Broadway show Drunk Poets Anthology and Going Om: Real-Life Stories on and off the Yoga Mat.

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No matter where I go I want to belong. She is the editor of the anthology Going OM: Real-Life Stories on and off the Yoga Mat (Viva Editions,

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