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Years ago, Mihaly Csikszentmihalyi (hereafter: MC) developed the concept of flow to describe a particular state of mind (Csikszentmihalyi, 1990). In a state of flow, a person . Flow: The psychology of optimal experience. New York, NY: Harper Psychological Review, 100, 363-406. Vygotsky, L. S. (1978).

## **Mihaly csikszentmihalyi - wikipedia**

Mihaly Csikszentmihalyi is a Hungarian psychologist. He recognised and named the psychological concept of flow, a highly . Optimal Experience: Psychological studies of flow in consciousness, Cambridge: Cambridge University Press. ISBN 0-521-34288-0; Csikszentmihalyi, Mihaly (1990). Flow: The Psychology of

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### **Mihaly csikszentmihalyi, flow: the psychology of optimal experience**

Mihaly Csikszentmihalyi (1990). The Art Philosophical Psychology 25 (1):93 - 108. Diego J. Cosmelli & Evan Thompson (2007). Mountains and Valleys: Binocular Rivalry and the Flow of Experience. [REVIEW] Human Studies 23 (1):43-61.

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