

Don't Set Goals: The Old Way By Wade B. Cook



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at the Auburn plant that the Nucor teamwork way was better than the old way. For example, one team member says, "I don't have to sit there and look for the themselves establish self-control by setting their own goals, monitoring their

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Wade Bruce Cook (born October 9, 1949) is an American author and self-proclaimed financial . Real Estate Money Machine; Stock Market Miracles; Don't Set Goals: The Old Way; Bear Market Baloney; Business Buy the Bible; Brilliant

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They Don't Set a Goal Before Training In this way, the player is using an external, and non-controllable variable source of motivation (coach's training session) in the hopes of Forget About Setting Goals the Old Way.

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Goal setting is an important part of the career planning process. There's an old Yiddish proverb: "Man plans, God laughs. For instance instead of saying "I don't want to be stuck in this job for another four years," say "I want

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I'm not living back in Illinois, I don't have a masters in special education, I'm But yet, many of us still set goals in this same old fashioned way.

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Firstly, really think about the reason 'why' you are setting a goal. When we are old and grey, we don't want to ever think about the 'what ifs' or things Don't get side tracked along the way and be present in everyday life.

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Again, the old way is: set a goal, put in work. While that is better than doing nothing, there is a better way to reach your goals. Systems beat goals, even when

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In the old way of goal setting, people who reach their external goals are labelled If our goals don't come from within and are not truly ours, they will not stand

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The point I want to make here is set goals but don't make them so tough that you set rather than achieving something for a time then going back to the old way.

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