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The market is flooded with diet books and it can be hard to find one that works. One book that has become popular of late is Bright Line Eating: The Science of.

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Susan Peirce Thompson, Ph.D. is an Adjunct Associate Professor of Brain and Cognitive Sciences at the University of Rochester and an expert

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Review. I just finished reading Bright Line Eating -every single word. This book is not like anything else out there. Not even close. Dr. Thompson has illuminated

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